



My New Life

Choreographed by John Offermans

Description 48 count, 4 wall, beginner line dance

Music **High Class Lady** by Lennerockers (160 bpm)

Intro Begin on lyrics

STEP, LOCK, STEP, BRUSH, STEP, LOCK, STEP, BRUSH

- 1-2 Step right forward, lock left behind
- 3-4 Step right forward, brush left forward
- 5-6 Step left forward, lock right behind
- 7-8 Step left forward, brush right forward

ROCK STEP, TOE STRUTS BACK

- 1-2 Rock right forward, recover to left
- 3-4 Step right toe back, lower right heel
- 5-6 Step left toe back, lower left heel
- 7-8 Step right toe back, lower right heel

SLOW COASTER STEP BACK, HOLD, STEP, TURN $\frac{1}{2}$, LEFT, HOLD

- 1-2 Step left back, step right together
- 3-4 Step left forward, hold
- 5-6 Step right forward, turn $\frac{1}{2}$ left (weight to left)
- 7-8 Step right forward, hold

STEP, $\frac{1}{2}$ TURN RIGHT, HOLD, PRISSY WALK, WITH HOLDS

- 1-2 Step left forward, turn $\frac{1}{2}$ right (weight to right)
- 3-4 Step left forward, hold
- 5-6 Cross right over, hold
- 7-8 Cross left over, hold

CROSS, STEP, CROSS, HOLD, DIAGONAL TOE STRUT

- 1-2 Cross right over, step left side (small step)
- 3-4 Cross right over, hold
- 5-6 Step left toe diagonally forward, lower left heel
- 7-8 Cross right toe over, lower right heel

DIAGONAL TOE STRUTS, SIDE, $\frac{1}{4}$ TURN RIGHT, STEP, BRUSH

- 1-2 Step left toe diagonally forward, lower left heel
- 3-4 Cross right toe over, lower right heel
- 5-6 Rock left side, turn $\frac{1}{4}$ right and step right forward
- 7-8 Step left forward, brush right forward

REPEAT

John Offermans | Email: connieenjohn@home.nl | Address: Netherlands

Use barcode scanner
on phone/tablet to
view dance video at



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