

Lay Low

Choreographed by Alexandra Hungerbühler

Description: 32 count, 4 wall, low intermediate west coast swing line dance

Musique: **Lay Low** by Josh Turner
Preview/purchase music

Start dancing on lyrics

WALK, WALK, STEP LOCK STEP, ROCK RECOVER, TURN $\frac{1}{4}$ LEFT AND LEFT CHASSÉ

1-2 Step right forward, step left forward
3&4 Locking chassé forward right-left-right
5-6 Rock left forward, recover to right
7&8 Turn $\frac{1}{4}$ left and chassé side left-right-left (9:00)

CROSS, SIDE, SAILOR STEP, CROSS, POINT, BEHIND, TURN $\frac{1}{4}$ LEFT AND STEP FORWARD

1-2 Cross right over, step left side
3&4 Right sailor step
5-6 Cross left over, touch right side
7&8 Cross right behind, turn $\frac{1}{4}$ left and step left forward, step right forward (6:00)

Restart from here on wall 4. Step left together on the '&' count before restarting

ROCK RECOVER, SHUFFLE BACK, TURN $\frac{1}{2}$ RIGHT BACK, $\frac{1}{2}$ TURN BACK RIGHT, TURN $\frac{1}{4}$ RIGHT AND RIGHT CHASSÉ

1-2 Rock left forward, recover to right
3&4 Chassé back left-right-left
5-6 Turn $\frac{1}{2}$ right and step right forward, turn $\frac{1}{2}$ right and step left back (6:00)
7&8 Turn $\frac{1}{4}$ right and chassé side right-left-right (9:00)

CROSS ROCK, RECOVER, CHASSÉ WITH TURN $\frac{1}{4}$ LEFT AND TURN $\frac{1}{2}$ LEFT AND TURN $\frac{1}{4}$ LEFT

1-2 Cross/rock left over, recover to right
3&4 Chassé side left-right-left turning $\frac{1}{4}$ left (6:00)
5-6 Step right forward, turn $\frac{1}{2}$ left (weight to left) (12:00)
7-8 Step right forward, turn $\frac{1}{4}$ left (weight to left) (9:00)

REPEAT

RESTART

Restart after count 16 on wall 4. Step left together on the '&' count before restarting

TAG

After wall 9

ROCK RECOVER, COASTER STEP

1-2 Rock left forward, recover to right
3&4 Left coaster step

Alexandra Hungerbühler | Courriel: btcc-linedancers@bluewin.ch | Website:
<http://linedance-freiamt.com>
Adresse: Schweiz | Téléphone: 056 535 67 33 ()